

### K'Teazers

<b>Tea with Juice</b>	16oz/ 20oz/ 24oz
Paradise Dream	\$4.00/ \$4.75/ \$5.50
<small>hibiscus, elderberries, blueberry, pomegranate</small>	
Seaside Escape	\$4.00/ \$4.75/ \$5.50
<small>green tea, mint, peach, mango</small>	
Asian Zest	\$4.00/ \$4.75/ \$5.50
<small>lemon, ginger, honey</small>	

### Iced Tea

	16oz/ 20oz/ 24oz
Piña Colada Twist (herbal)	\$2.50/ \$3.00/ \$3.50
<small>hibiscus, pineapple, coconut, honey</small>	
Peachy Palmer	\$3.00/ \$3.50/ \$4.00
<small>black tea, herbal lemonade, peach</small>	
Sparkling Strawberry Quench	\$3.00/ \$3.50/ \$4.00
<small>hibiscus, strawberry, kiwi, mineral water</small>	
Lavender Lemonade	\$3.00/ \$3.50/ \$4.00
<small>lavender, lemongrass, herbal lemonade</small>	
Strawberry Lemonade	\$3.00/ \$3.50/ \$4.00
<small>hibiscus, strawberry, kiwi, herbal lemonade</small>	
Tea of the Week	\$2.50/ \$3.00/ \$3.50

### Tealattés

<i>Hot/ Iced /Blended (add \$0.25)</i>	16oz
House Chai*	\$4.00
<small>black tea, chai spices, cane sugar</small>	
Matcha*	\$4.00
<small>green tea latté</small>	
Vanilla Herbal Chai	\$4.50
<small>chai spices, vanilla</small>	
Pangaea Celebration	\$4.50
<small>black tea, rooibos, coconut, vanilla, chocolate</small>	
London Fog	\$4.50
<small>Earl Grey black tea, vanilla</small>	
Maté Latté Caramelo	\$4.50
<small>roasted mate, rooibos, coffee beans, caramel &amp; vanilla</small>	

### Smoothies

<i>puréed fruit &amp; vegetables</i>	20oz
Tropical Bliss	\$4.00
<small>mango &amp; veggies</small>	
Mountain Berry	\$4.00
<small>raspberry, strawberry, blackberry, blueberry</small>	
Hawaiian Breeze	\$4.00
<small>passionfruit, guava</small>	

### Teas of the Week\*

	8oz/ 16 oz
see chalkboard for weekly selection	\$2.25/ \$2.75
Earl Grey	\$2.25/ \$2.75
Maté Celebration	\$2.25/ \$2.75
Cherry Green	\$2.25/ \$2.75
Pangaea Joy	\$2.25/ \$2.75
Herbal Chai	\$2.25/ \$2.75
Strawberry Kiwi Quench	\$2.25/ \$2.75
Refills Teas of the Week/Brewed Coffee^	\$0.50/ \$1.00

^When available

### Select from the Great Wall of Tea!\*

	<b>Cup</b> 16oz	<b>Pot</b> 24oz/ 45oz	<b>Carafe</b>
Black	\$3.50	\$5.75/ \$8.25	\$5.50
Green	\$3.75	\$6.00/ \$8.75	\$5.75
White	\$3.75	\$6.00/ \$8.75	\$5.75
Oolong	\$3.75	\$6.00/ \$8.75	\$5.75
Dark	\$3.75	\$6.00/ \$8.75	\$5.75
Herbal	\$3.75	\$6.00/ \$8.75	\$5.75
Rooibos	\$3.75	\$6.00/ \$8.75	\$5.75
Maté	\$3.75	\$6.00/ \$8.75	\$5.75
Rare	\$4.00	\$6.75/ \$9.50	\$6.25
Customized Cup		additional	\$0.50

### Tea or Coffee To-Go 96 oz

Black Tea	\$17.95
Green-White-Oolong Tea	\$18.95
Herbal-Rooibos- Maté	\$18.95
Coffee of the Day	\$18.95

*(advance orders preferred - time will be needed)*

### K'Teavas\*

<i>Tea infused espresso</i>	
Spiced K'Teava	+ \$0.50
Lavender K'Teava	

### Coffee/ Espresso Beverages\*

Brewed Coffee	8oz \$2.25	16oz \$2.75
Espresso 2oz		\$2.50
Macchiato 4oz		\$3.25
Americano 6oz/12oz/16oz		\$3.00
Cappuccino 8oz		\$3.50
Latté 12oz/16oz hot		\$4.00/\$5.00
Iced Coffee 16oz/24oz		\$3.00/\$4.00
Iced Latte 16oz/24oz		\$4.00/\$5.00
Café-Frappé 16oz		\$4.50
Mocha-Frappé 16oz		\$5.00
Extra Shot of Espresso		\$1.00

### Rooibos Specialities

Red Cap 8oz	\$3.50
Red Latte 16oz	\$4.50
Horchata 16oz	\$4.50

### Milk\*

	8oz/ 16oz
Hot Chocolate	\$2.50/ \$3.50
Flavored Frother	\$2.50/ \$3.50
Boxed Water	\$2.00
<b>*additional syrup available</b>	\$0.50
<small>~Vanilla, Caramel, Coconut, Hazelnut, Almond, Peach, Peppermint, Raspberry, Chocolate (Pure Cane Syrup, no high fructose corn syrup) Sugar Free: Vanilla, Caramel, Hazelnut, Coconut</small>	
Extra Shot of Matcha	\$1.00
Fat Free Milk or Whole Milk	complimentary
Soy, Almond or Coconut Milk	\$0.50



— CAFE —  
**K'TIZO**

AWAKEN THE SOUL

A Cultural Arts Café

**1915 Gary Ave.  
Wheaton IL, 60187**

**www.cafektizo.com**  
**630-702-9461**

### Hours

Mon-Tues	8a-6p
Wed-Thurs	8a-9p
Fri-Sat	8a-6p
Sunday	Closed

**www.ktizotea.com**  
**info@ktizotea.com**



<b>Bakery</b>	
<u>Scones</u>	\$3.00
Chai	
Seasonal	
<u>Savory Scones</u>	\$3.00
Canadian Bacon, Cheddar & Chive	
Sundried Tomato, 3 Cheese & Dill	
<u>South African Rusks</u>	\$1.75
<u>Cookies</u>	
Sweet and Salty	\$1.50
Double Chocolate	\$1.50
Chocolate Chip (GF) (SA)	\$3.25
<u>Dessert Loaf Slice</u>	
Seasonal (slice)	\$2.25
Carrot Walnut (GF) (SA)	\$2.75
<u>Lemon Pound Cake</u>	\$3.50
<u>Coconut/Cake of the Day</u>	\$4.00
<u>Brownie (Ve, GF) (SA)</u>	\$3.50
<u>Baklava (1 piece) (Ve)</u>	\$1.25

<b>Breakfast</b>	
<u>Greek Yoghurt Parfait (wheat-free)</u>	\$3.75
plain, with granola & mixed berries	
<u>Oatmeal</u>	\$3.50
Blueberry Chia Cinnamon	
Cranberry Almond Flax	
<u>Quiche (Veggie)</u>	\$4.50
<u>Breakfast Bagel</u>	
Egg, Canadian Bacon, Cheese	\$4.00
<u>Bagels</u>	\$1.00
Harvest Grain	
Blueberry	
Light Cream Cheese	\$0.50
<u>Fruit</u>	\$0.75

<b>Bites</b>	
<u>Green Tea Crunchies</u>	\$6.00
<u>Baby Carrots</u>	\$0.75
<u>Hummus (side)</u>	\$1.25
<u>Jalapeño Hummus (side)</u>	\$1.35
<u>Earnest Eats Bars (wheat free, Ve)</u>	\$2.25
Apple Ginger	
Choco Peanut Butter	
Lemon Cranberry	
<u>Seaweed</u>	\$1.25
<u>Chips-in-a-Cup</u>	\$1.00



<b>Salads</b>	
<u>Hanging Gardens of Babylon (Ve, GF)</u>	\$7.00
sliced strawberries, avocado, mandarin oranges & slivered almonds on a bed of organic mixed greens	
<u>Andean Quinoa Salad (Ve, GF)</u>	\$6.50
quinoa, split peas, lentils, parsley, lemon, cranberry, mandarin oranges & lemon vinaigrette dressing on a bed of mixed organic greens	
<b>~optional additions with salad or soup</b>	
grilled chicken (Halal) (\$2)	
three cheese blend (\$.50)	
falafel (\$1.50)	
<b>Dressing Options</b>	
Classic Balsamic (Ve, GF)	
Classic Ranch (V,GF)	
Extra Dressing	\$0.35
<b>Soups</b>	
served with oyster crackers	
<u>Machu Picchu Black Bean Soup (Ve, GF)</u>	
<u>Soup of the Day</u>	Cup \$3.50 Bowl \$4.50

<b>Sides</b>	
Garden Salad (Ve, GF)	\$3.50
Quinoa, Lentil, Split Pea (Ve, GF)	\$3.00
<b>Quiche</b>	
Veggie Quiche	\$4.50

<b>Whole Wheat Lavash Wraps</b>	
<u>Stonehenge (GF option)</u>	\$8.00
roast beef, cheddar cheese, organic mixed greens & sliced tomato with a horseradish mustard	
<u>Panama Canal (GF option)</u>	\$8.00
peppercorn turkey, provolone cheese, organic mixed greens & sliced tomato with a honey mustard	
<u>Melting Pot (V, GF option)</u>	\$6.50
romano, parmesan & asiago cheeses with roasted red peppers & pesto	
<u>Great Pyramid Wrap (V, GF/Ve option)</u>	\$6.50
jicama, organic sliced sweet bell peppers, organic mixed greens & roasted red pepper hummus	

**optional additions**

- grilled chicken (Halal) (\$2)
- three cheese blend (\$.50)
- falafel (\$1.50)
- ~served w/ GF, Ve Chips or baby carrots
- ~GF, Ve wrap option available
- ~Dietz & Watson Lunch Meats served

Prices are subject to change

We are proud to partner with many local vendors, including Fresh Ground Roasting, Windy City Mustard, The Sugar Path, GF: Sweet Ali's (SA), Miss Dottie's Pound Cakes, Grecian Delight, Sticky Honey, & K'Tizo Tea!

When possible, we select organic "Dirty Dozen" produce, and when we have the option, we always choose GMO free products.

We are proud to support International Justice Mission (IJM) and hope to awaken people to the realities of modern day slavery. Visit [ktizotea.com/giving\\_back](http://ktizotea.com/giving_back) for more information.

**Thank you for considering Café K'Tizo!**  
~the K'Tizo Team